

**Mountain Bible Church**

**April 26, 2020**

**Finding Calm: A study from the Psalms**

Sermon Notes – Psalm 1:1-6

“Be Orientated Toward God”

**1-2**

Vs. 2) Meditate comes from the word to \_\_\_\_\_

**Finding calm entails a** \_\_\_\_\_

**3-4**

Finding calm is not so much a journey as a \_\_\_\_\_

**Finding calm entails** \_\_\_\_\_

**4-6**

Paul describes loving God as being \_\_\_\_\_ by God

**Finding calm entails** \_\_\_\_\_